

SECTA GREEN ACORN TICK LIST

(please use this for reference and print it only if you really need to!)



ENERGY

	Hot water thermostat set at 60 degrees max
	Thermostats on radiators (ideal - living area 21deg, bedroom 16deg max)
	Loft insulation
	Insulation on hot water tanks
	Cavity wall insulation (Not suitable for all types of buildings - seek advice)
	Low energy light bulbs
	Good seals on main doors
	Line dry washing - encourage visitors to do same
	Washing machine - low temperature, quick wash
	Lined curtains
	Instant hot water systems
	Timing devices on heaters and lamps
	Good seals on fridges and freezers
	Eco label A or B on fridges and freezers
	Small kettles
	Green energy tariff/supplier

Save energy – save money: Low energy light bulbs use around 80% less energy; set hot water thermostat at 60C, every 1 centigrade above this can result in 10% increase in fuel use, reduce wasted energy by installing timing devices on heaters and lamps; small kettles hold less water, boil quicker.

POLLUTION

	Phosphate free detergents used
	Chlorine free cleaners and bleaches used
	Bags and bins or commercial disposal unit supplied. Guests informed
	Purchase locally as many products/services as possible. Buy locally caught, reared, produced food
	Encourage guests to use alternative means of transport to and within South East Cornwall by having information on your websites and leaflets at your establishments
	Minimum use of insecticides and chemical sprays in garden areas
	Use trigger sprays not aerosols
	Store refuse in a manner to prevent interference by vermin, animals, gulls etc
	Walk, cycle, use public transport, car share wherever possible
	Work in cooperation with others in combined orders of products etc., and joint delivery of goods

Avoid pollution - save the planet : Use environmentally friendly cleaning products, save damage to plants and animals. By shopping locally/buying locally produced food save food miles and petrol - encourage visitors to do same, also helps local economy

PROMOTE GREEN ISSUES

	Promote the SECTA Green Acorn Scheme with the logo on website and publicity materials
	Member of Coast and/or Future Footprints (This is free)
	Have Coast's 5 Sustainability issues on website and/or leaflet at establishment
	Encourage guests to use public transport, walk and cycle, use local shops, farmers markets and purchase locally sourced products, by having a range of information available

WATER

	Toilets fitted with water saving devices/short flush options
	Towel changing agreement
	Sheet changing agreement
	Showers fitted
	Water butt in garden
	No dripping taps
	Washing machine Eco label A, B or C
	Hose release mechanism on water hoses used in gardens

Save water - reduce water and sewerage bills: Water saving devices fitted to toilets can save around 3/4 gallon per flush. Your sewerage bill is calculated at almost twice your water usage - so for every gallon you use you will be charged almost twice as much again under sewerage - think about it - that dripping tap could be expensive

WASTE

	Glass recycled
	Paper recycled
	Cardboard recycled
	Plastics recycled
	Aluminium cans recycled
	Vegetable and garden waste composted
	Register with the mailing preference service
	Buy recycled toilet rolls/kitchen towels
	Buy and/or recycle printer cartridges
	Buy recycled photocopy/printing paper
	Use own reusable shopping bags

Reduce your Waste - slim down the landfill sites: Buy in bulk, it reduces packaging, encourage visitors to recycle, don't use supermarket bags - always take own.

SUPER SAVERS

The actions listed below will not be included in the 50% assessment, but 10 points will be added for having or installing each of these 'super savers':

wind power ground source heat pump grey water system solar power
water bank bore hole water supply eco-powered vehicle. water power

Anything you have done that is not listed here? - Please add below: